

PARENT RESOURCE GUIDE

HELPING YOUR FAMILY STAY INFORMED, CONNECTED, AND SUPPORTED AT BLESSED BEGINNINGS CHRISTIAN DAYCARE.

STAY IN THE KNOW

Stay updated with daily activities, messages, and classroom announcements. Check the <u>app</u> often for photos, reminders, and updates.

FINANCIAL ASSISTANCE

Blessed Beginnings accepts Arkansas Department of Education Office of Early Childhood vouchers to help families manage the cost of care.

Families who work, attend school, or are in training 20+ hours per week may qualify.

Visit: Arkansas OEC Child Care Assistance

CHILD NUTRITION RESOURCES

Tips:

- Serve balanced breakfasts with protein, fruit, and whole grains.
- Encourage hydration water first!
- Model healthy eating with shared meals.

Nutrition Resources:

For family-friendly meal ideas and tips on building balanced plates, visit <u>MyPlate.gov</u>.

You can also find local child nutrition programs through the Arkansas Department of Human Services Nutrition Program.

OUR LOCATIONS

Find the location that fits your family best! We serve families across Northwest Arkansas with three convenient campuses — in Fayetteville, Farmington, and Prairie Grove.

FOLLOW US



